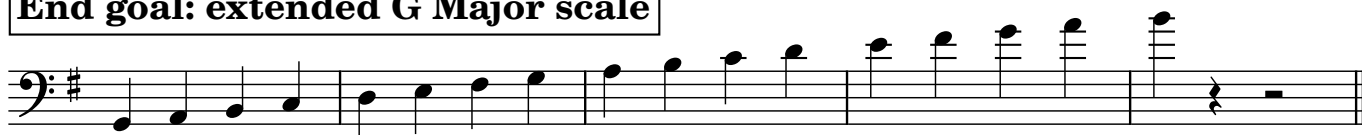
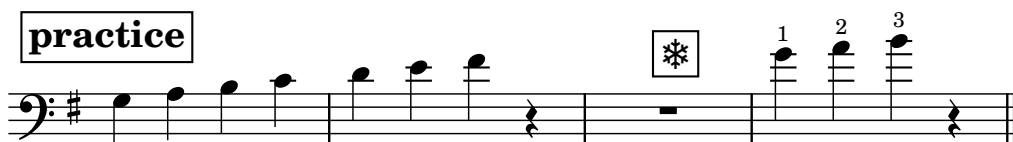


# High B $\natural$ and B $\flat$ Target Practice

**End goal: extended G Major scale**



**practice**

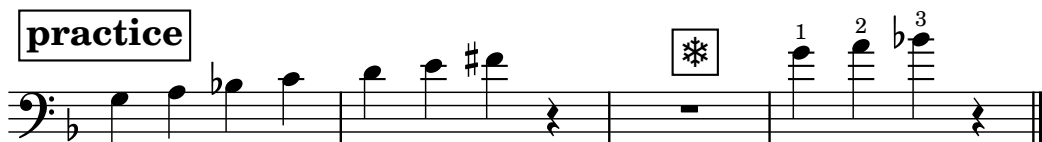


-physically prepare shift  
-mentally prepare for  
whole steps

**End goal: extended G Minor scale**



**practice**



-physically prepare shift  
-mentally prepare for  
whole step and half step